

# Your First Visit — Prep Sheet

ONE HOUR, HONEST ANSWERS, WRITTEN PRICES — EAST SALEM DENTAL

(503) 555-0123

Book: call or [eastsalem dental.com](https://eastsalem dental.com)

1251 Lancaster Dr NE, Salem, OR 97301

## BRING THESE 3 THINGS

- ☐ **Photo ID** — any kind.
- ☐ **Insurance card or OHP member number** — we verify benefits free before you arrive.
- ☐ **Medication list** — including vitamins and supplements.

## WHAT HAPPENS (ABOUT 60 MINUTES)

- 1 Warm welcome — in English o en español.
- 2 Digital X-rays (fast, low-dose).
- 3 Full exam with photos you can actually see.
- 4 A real conversation with the doctor — questions encouraged.
- 5 A **written price sheet** for anything recommended. Nothing is scheduled until you say so.

## WHAT IT COSTS

New-patient exam + X-rays: **\$99** (typically \$250+ elsewhere in Salem). Often **\$0** with PPO insurance or OHP. Kids under 3: **free**.

## BEEN AWAY FOR YEARS?

About a third of our new patients have. You'll get a **plan, not a lecture** — everything ranked by urgency, priced in writing, at your pace.

## NERVOUS?

- ✓ Tell us when you book — we'll go at your speed.
- ✓ Hand-signal stops anything, anytime.
- ✓ Headphones welcome. Sedation options available for treatment visits.

## GOOD QUESTIONS TO ASK US

- ✓ "What would you do if this were your tooth?"
- ✓ "What happens if I wait six months?"
- ✓ "What's the least expensive option that still works?"
- ✓ "Can I see it on the X-ray?"

## HOURS & PARKING

Mon–Fri 7am–6pm · Sat 8am–2pm. Free parking at the door, 1251 Lancaster Dr NE. Se habla español todos los días.