

Dental Emergency? Do This First.

KEEP THIS ON THE FRIDGE — EAST SALEM DENTAL EMERGENCY CARD

(503) 555-0123

Same-day emergency line

1251 Lancaster Dr NE, Salem, OR 97301

KNOCKED-OUT ADULT TOOTH — 30-MINUTE WINDOW

- 1 Pick it up by the **crown** (white part). Never touch the root.
 - 2 Rinse gently — a few seconds, no scrubbing, no soap.
 - 3 **Put it back in the socket** and bite softly on gauze, OR
 - 4 Drop it in **cold milk** (never water, never dry tissue).
 - 5 Call us from the car — we bump the schedule for this.
- Baby teeth are never reinserted** — still come in the same day.

BROKEN OR CRACKED TOOTH

- ✓ Save any pieces in milk or a damp cloth.
- ✓ Rinse with warm water; ice the cheek for swelling.
- ✓ Don't chew on that side. Call the same day.

CROWN FELL OFF / LOST A FILLING

- ✓ **Keep the crown** — it can often be re-cemented (much cheaper).
- ✓ Pharmacy "dental cement" works as a short bridge to your visit.
- ✓ Not usually a same-hour emergency — but don't wait weeks.

SEVERE TOOTHACHE

- ✓ Ibuprofen + acetaminophen together beats either alone.
- ✓ Warm salt-water rinse; floss out anything stuck.
- ✗ Never put aspirin on the gum — it burns tissue.
- ✓ Pain that keeps you up at night = call in the morning.

SWELLING, FEVER, OR A GUM PIMPLE

These are **infection signs**. An abscess does not fix itself — antibiotics alone are a delay, not a cure.

- ✓ Swelling + fever, or trouble swallowing/breathing → **ER or 911 now**.
- ✓ Otherwise: call us today — abscesses jump our queue.

BLEEDING THAT WON'T STOP

- ✓ Firm pressure with gauze or a damp tea bag, 20 minutes, no peeking.
- ✓ Still bleeding after 2 rounds → call us; after hours → urgent care.

WHAT IT COSTS HERE

Emergency exam + X-ray: **\$89**. OHP covers emergency visits. Every treatment priced **in writing** before we start — fees ~20% below the typical Salem office.